



SINGAPORE
CANCER
SOCIETY

Singtel



SINGTEL-SINGAPORE CANCER SOCIETY
**RACE AGAINST
CANCER**

A RACE TO SAVE LIVES

PHYSICAL RACE GUIDE

Guest-of-Honour

Mr Chee Hong Tat

Minister for National Development

PHYSICAL RACE

21 September 2025, 7am - 10am

Angsana Green, East Coast Park



ABOUT SCS

Minimising Cancer and Maximising Lives since 1964, the Singapore Cancer Society (SCS) is a self-funded Social Service Agency which provides an integrated continuum of care from cancer control and prevention to patient support services, to survivorship and palliative care. SCS's key programmes & services include cancer screening programmes, public education, financial and welfare services, psychosocial support, survivorship, rehabilitation programmes and hospice care. Consistently recognised for its commitment to high standards in governance and transparency, SCS has attained both the coveted Charity Governance Award (2023) and the Charity Transparency Award for four years, between 2019 to 2024.

For more information, please visit www.singaporecancersociety.org.sg.

For Singtel-Singapore Cancer Society Race Against Cancer 2025, we aim to raise a total of S\$1,300,000.



YOUR DONATION GOES TOWARDS SUPPORTING SCS PROGRAMMES AND SERVICES SUCH AS:



SCS Cancer Care Fund

Cancer Care Fund is a one-off financial assistance that aims to alleviate financial burdens and provide for immediate needs following a cancer diagnosis. This fund is accessible to newly diagnosed patients who meet the income requirements of the Community Health Assist Scheme (CHAS).



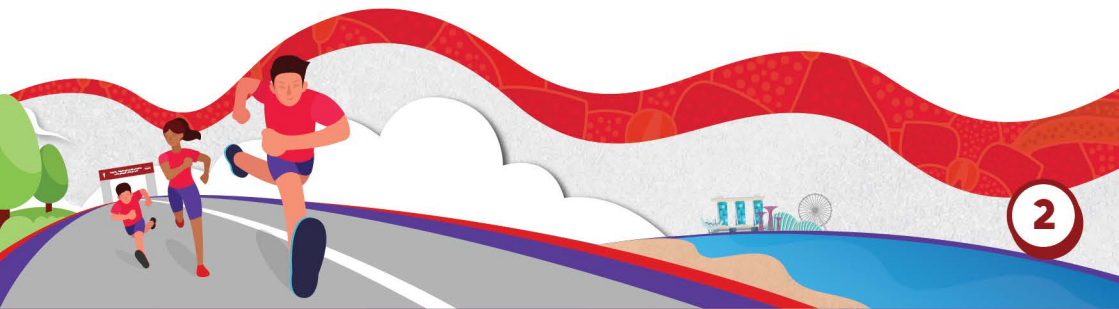
SCS Cancer Rehabilitation Centre

The first and only centre that provides specialised cancer rehabilitation programmes to help cancer survivors and their families. These interventions are designed to help them be healthy, confident, and mentally and physically engaged.



SCS Cancer Treatment Fund

The SCS Cancer Treatment Fund was set up in 2005 to provide financial assistance to needy cancer patients. It subsidises part of their cancer treatment costs so that no one is denied access to treatment and proper healthcare due to financial difficulties.



YOUR DONATION GOES TOWARDS SUPPORTING SCS PROGRAMMES AND SERVICES SUCH AS:



SCS Welfare Aid Fund

The Welfare Aid Fund seeks to mitigate the great financial strain endured by cancer patients and their families, which may arise from unemployment, loss of income and high treatment costs.



Help the Children & Youth Programme

The SCS Help the Children and Youth Programme (HCYP) is an effort to support and improve the lives of children affected by cancer.

The cancer journey can be especially challenging for children and youth as they struggle to find meaning and purpose in their circumstances. However, through life-affirming activities, they are equipped with the tools necessary to cope with the impact of cancer and to live life to the fullest.

Singtel made an annual donation of \$200,000 to this programme between 2009 and 2013. From 2014, Singtel increased the annual donation to \$250,000. Thanks to this generous contribution, the programme has set up several initiatives that cater to the educational and psychosocial needs of the young who are faced with adversities in their early lives.

At SCS, a wide and holistic array of services are provided to these children, youth and their families that include a tuition programme, achievement awards, school allowances, youth engagements and family activities.



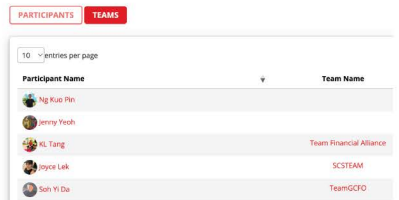
HOW TO MAKE A DONATION

STEP 1

If you wish to support a participant or team, search for them on the **Leaderboard**.



View the profiles of participants to donate to their campaigns!
If you wish to support a team instead, please click on the "Teams" button below.



STEP 2

Click on the participant/team name to visit their profile page.

STEP 3

To support a participant, click on **"Support Individual Participant"**.



STEP 4

To support a team, click on **"Support Team Name"**.



STEP 5

To support your own fundraising campaign, click on **"Support Your Name"**.



PHYSICAL RACE ENTITLEMENTS

FRONT



BACK



T-Shirt

Be rewarded with an RAC 2025 T-Shirt upon reaching your minimum fundraising target. All qualified participants will receive their T-shirt (subjected to size availability) during the Race Entry Pack Collection.

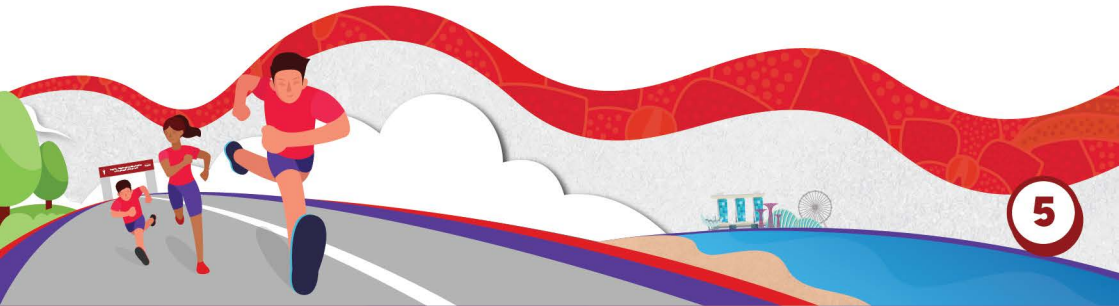


Medal PHYSICAL RACE

Medals will be awarded upon completing the Physical Run for the 10KM and 15KM distances! Note that there is no medal for the 5KM distance category.

E-Certificate

Receive your E-certificate after participating in the physical race.



RACE INFORMATION

21 September 2025
Sunday
7:00am - 10:00am

VENUE:

Angsana Green
East Coast Park



For Enquiries:

<https://raceagainstcancer.org.sg/>

rac@singaporecancersociety.org.sg

RACE DAY PROGRAMME

Time	Programme
6:30 AM	Arrival of Runners
6:45 AM	Check-in of 15KM Runners
7:00 AM	Welcome Speech / Address by GOH, Minister Chee Hong Tat
7:15 AM	Flag Off for 15KM Competitive Run
7:20 AM	Check-in of 10KM Runners & Warm Up Exercise
7:45 AM	Flag Off for 10KM Competitive Run
8:10 AM	Check-in of 5KM Runners & Warm Up Exercise
8:30 AM	Flag Off for 5KM Fun Run
8:45 AM	Flag Off for 2KM Child & Parent Race
9:30 AM	Stage Performance
9:45 AM	Prize Presentation
10:00 AM	End of Event

NOTE: Timings are subjected to change.

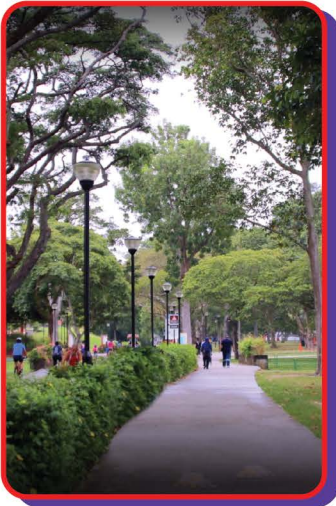


GENTLE REMINDER

All participants are encouraged to be at the starting point 30 mins before flag-off time. Runners who are late or start in another category will be disqualified. Runners who do not start before the respective category's pen close times will be disqualified and for safety reasons, may not be allowed to run. No timing will be provided.

Runners competing for top prizes must start in the FIRST WAVE of their respective categories and assemble at the front of the start pen. All results and rankings will be based on "Nett Time". **"Nett Time" will be provided to 15km and 10km distance category runners on the Race Against Cancer website within 5 working days after the race.**

Participants must wear their allocated race bib at all times to be allowed in the race. Runners without the race bib can purchase a new bib at the Information Counter. Please be informed that a fee of \$15 (PayNow only) applies for the purchase of a new bib. This is only applicable for registered and qualified participants. **No new registrations allowed.**



GETTING TO ANGSANA GREEN

By Public Transport:

- Tanah Merah MRT Station EW4:
Board Bus 31. Alight at Lagoon View, Marine Parade Road and walk to Angsana Green.
- Bedok MRT Station EW5:
Board Bus 196 or 197 at Bedok Bus Interchange. Alight at Lagoon View, Marine Parade Road and walk to Angsana Green.

By Car:

Enter by East Coast Park Service Road off East Coast Park Way. Public car parks E2 and E3 are available for public use. Do note that parking lots may be limited. Hence, participants are strongly advised to arrive via taxi or private hires.

There will be congestion expected along East Coast Park Service Road from 6.30 AM onwards. Please travel to Angsana Green early to avoid congestion.



RACE BIB COLOUR CATEGORIES

Participants must wear their allocated race bib at all times to be allowed in the race. Runners without the race bib can purchase a new bib at the Info Counter. Please be informed that a fee of \$15 (PayNow only) applies for the purchase of a new bib.



RACE BIB INSTRUCTIONS

- Display your race bib clearly on the front of your race apparel at all times during the race.
- Ensure that all personal and emergency contact details on the reverse side of the bib are correct.
- Do not alter, modify, fold or crumple the bib.
- Please ensure that the bib is pinned on all four corners.
- Please ensure that the bib is not covered.
- Please ensure that you run across the timing mats at the start point and all checkpoints.





MEDICAL AND SAFETY

The organiser has taken all necessary precautions to ensure the safety of all participants and will not be responsible for any injury sustained, loss of or damage to personal property during the race. The Organiser reserves the right to stop any participants deemed physically incapable of continuing with the run to prevent them from causing greater harm and injury to themselves.

Participants are strongly encouraged to go for a medical examination and/or consult their medical practitioner prior to race day.

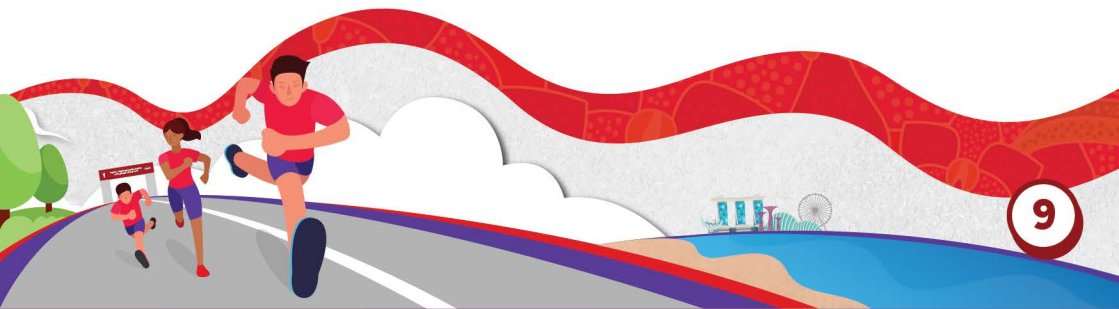
For the safety of all participants, runners are advised to run on the designated route throughout the entire race.

In the event that participants are feeling unwell during the run, please approach the nearest medical point for assistance.

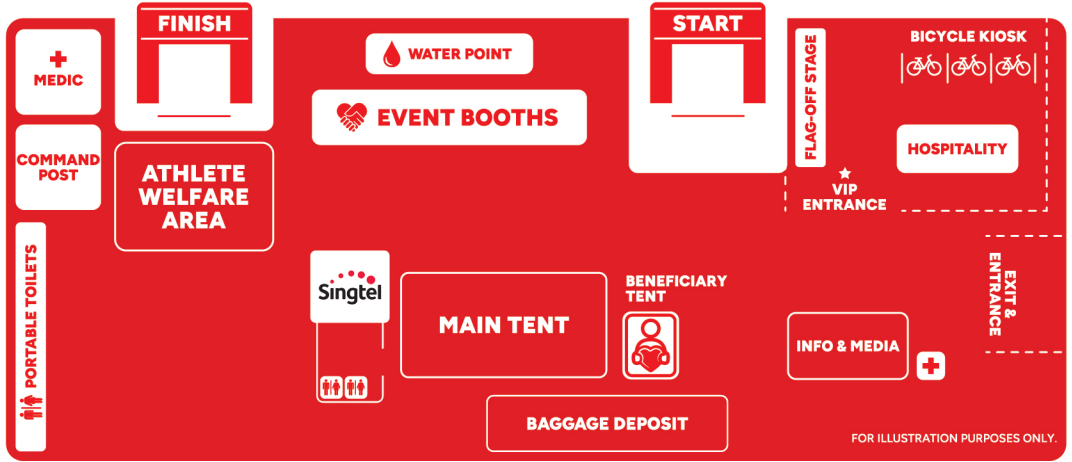


INCLEMENT WEATHER

In the event of inclement weather, the organiser reserves the right to delay the commencement of the race. Should inclement weather persist after the delay, the Organiser reserves the right to cancel the race without any refund.



EVENT SITE



RACE ROUTE

Angsana Green, East Coast Park



THIS MAP IS NOT DRAWN TO SCALE AND SUBJECT TO CHANGES.



SPECIAL THANKS TO OUR PARTNERS AND SUPPORTERS

ORGANISER



TITLE PARTNER



PLATINUM PARTNER



GOLD PARTNER



SILVER PARTNERS



BRONZE PARTNERS



OFFICIAL CATERING PARTNER



OFFICIAL FIRST AIDER



OFFICIAL HYDRATION PARTNER



OFFICIAL PACERS



OFFICIAL RACE PACKING VENUE



OFFICIAL REPC VENUE



OFFICIAL TRANSPORT PROVIDER



TECHNOLOGY PARTNER



IN SUPPORT OF



SUPPORTERS



SEE YOU AT THE



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